

Manoon

Bar & Restaurant





Autumn Winter A La Carte

Our menu contains allergens. If you suffer from a food allergy please notify us upon placing any order
All prices include VAT at the standard rate. A 12.5% discretionary service charge will be added to your final bill

APPETISERS

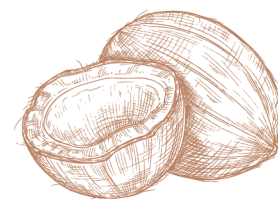
Small flavorful bites to begin your Maroon experience



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| <p>Jerk Olives (vgn/gf)  4.5
House olives in our signature spices</p> | <p>Spiced Chana Mix (vgn/gf)  4.5
Chick and Split peas fragrantly spiced</p> |
| <p>House Plantain Chips (vgn)  5.0
Served with our house guacamole sauce</p> | <p>Roasted Nuts (gf/vgn)  4.0
Caramelised lightly spiced nuts</p> |

STARTERS

Delicious dishes to start or share



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| <p>Ground Beef Empanada    10.0
Spicy ground beef parcels with a tamarind paste and mango jam</p> |
| <p>Pan Roasted Prawns     14.5
Succulent Prawns tossed in garlic butter served W/mini festival dumplings</p> |
| <p>Ackee Callaloo Plantain cups (v/vgn)   9.5
Plantain, Ackee and Callaloo, topped with a tomato choka</p> |
| <p>Coconut Crusted Lollipop Chicken     9.5
Breaded drumstick, W/coconut puree and a tamarind sauce</p> |
| <p>Roasted Corn Soup (vgn)   7.0
Sweetcorn roasted with vegetables, home-style</p> |
| <p>Panko Lemon Sole     12.95
Panko crusted sole W/tangy tamarind sauce</p> |



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MAINS

A selection of dishes inspired by Latin and Caribbean flavors, carefully spiced for a comforting meal.



★ Chefs
Recommendation

★ **Curry Goat Pie** 🍷 🍷 🌿 🧪 24.0

Boneless succulent spiced goat meat encased in homemade pastry served w/ sautéed greens and creamy mash quenelle

Jerk Whole Sea Bass (gf) 🐟 🍷 🧪 26.5

Marinated in our home rub for 24hrs, Served on a bed of fragrant pepper Sofrito

Chicken Supreme (gf) 🍷 🧪 19.95

Hearty marinated chicken breast, glazed to your preference, served w/ rice & peas

Glaze- Jerk. BBQ, Guava or Tamrind

Citrus Seafood Curry (gf) 🍷 🍷 🧪 24.95

A warming fragrant curry of mussels, squid and prawns served w/ steamed rice.

Lamb Shank (gf) 🍷 🍷 🧪 22.5

Slow roasted, served on a bed of chilli bell pepper puree, with a mint reduction, w/ ground provision mash

Short Rib (gf) 🍷 🌿 🧪 23.5

Braised whole rib W/ a chimichurri red wine reduction, served w/ house mash potatoes

Amchar Provisions (v/vgn) 🍷 19.0

A medley of root vegetables stewed in coconut milk, fresh herbs and Amchar, served w/ steamed white rice

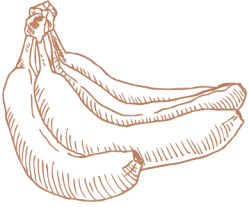
Pineapple & Ginger Salmon (gf) 🐟 🍷 🧪 21.5

Marinated in fresh herbs, grilled to perfection, brushed with a pineapple ginger glaze, serviced w/ seasonal vegetables



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TACOS

Please ask your server for the Taco of the Week

SIDES

House favorites to complement your main dishes

Fries (vgn/gf)	5.95	Sweet Potato Fries (vgn)	6.95
Fried Plantain (vgn/gf)	5.5	Rice & Peas (vgn/gf)	5.95
Mac & Cheese (v) 	6.95	House Cheesy Mash (gf) 	5.95
Seasonal vegetables (vgn/gf)	4.95	Ground Provision mash (vgn)	6.95
House Slaw (vgn/gf)	4.95	Maroon Seasoned Rice (vgn)	5.95




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SWEET TREATS



Something sweet, chocolatey, fruity or creamy to end your Maroon experience on a high.

Caramel Popcorn Chocolate Cake (V)   **8.95**

Decadent layered chocolate sponge with a light buttercream frosting

Coconut Tartlet (v)   **8.95**

Moist, warm coconut tartlet served with a tropical compote & vanilla ice cream

Crumble of the Day (v)   **8.5**




Please ask your server

Warm Churros (v)   **7.95**

Served with our silky chocolate dipping sauce

Mango Cheesecake (v) **8.5**

Homemade light creamy mango cheesecake

Spiced Caribbean Cake (v)    **8.5**

Moist, rich sponge cake infused with caribbean spices served with a pineapple & mango compote

Scoop of Seasonal ice cream (v)    **2.5**

Please ask your server

Scoop of Refreshing Sorbet (gf/vgn) **2.5**

Please ask your server



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